

YMCA of  
Greater  
Michiana



# Annual Report

»»» 2022 «««





## TO OUR COMMUNITY,

As a nonprofit charitable organization, the YMCA of Greater Michiana is committed to strengthening community by connecting all people to their potential, purpose, and each other.

We believe everyone should have the opportunity to be a part of their community, which is why we continue to award membership and program scholarships.

The year of 2022 saw continued recovery from the pandemic; maintaining safe and inviting environments in our facilities and programs; and serving member and community needs with partnerships and collaboration.

In our facilities, and with our partners, we served youth across the region with summer day camps, outreach water safety, swim lessons, swim teams, sports, childcare and after-school programs, community programs, and school partnerships.

We provided a diverse selection of group fitness classes, senior exercise and water aerobics classes, adult sports, pickleball, open gym and family swim, and a variety of other programs developed to improve healthy living, social responsibility and youth development in our communities. Soup Night once again filled our lobbies with community and staff coming together for food and fellowship.

It was an amazing year at YMCA Camp Eberhart, hearing the excitement and seeing so many smiling faces during resident camp, day camp, outdoor education, family camp and more.

We successfully hosted our annual events including Race for YMCA, Niles-Buchanan YMCA Thanksgiving Day Run, Greatest Chefs of Michiana, Hope Grows, and LIVESTRONG® at the YMCA Golf Classic to provide funding support for youth and family memberships, cancer survivors and youth programs.

We worked with community partners to promote health and wellness with programs including Healthy Corner Store Initiative, Optimist Soccer, Benton Harbor Summer Impact, Healthy Kids Days, Kitchen Aid Senior PGA Kids Zone, and Corporate Wellness.

Our goals for 2023 are to continue to be a committed, engaged, and determined collaborative partner; to build community connectedness and cohesion; provide opportunity; and strengthen health and wellness for all.



Mark D. Weber  
*Chief Executive Officer*

## YMCA BOARD OF DIRECTORS

Jane Brandstatter • Bill Cerney • Matt Conklin • Tom Doran • Mowitt S. Drew • Brian French  
Andre Gammage • Phil Iapalucci • Regan Jones • Bob Kenagy • Brian Kubicki • Meryle Merritt  
Jim Reits • Rick Seib • Sara Senica • Karen White-Goyzueta • Deborah Wolf



# A LOOK AT 2022



## 2021-2024 Strategic Plan Accomplishments in 2022

### YOUTH DEVELOPMENT

We provided our youth and teens with programs that strengthen social responsibility and character values. We supported before and afterschool care, preschool, summer camps, holiday camps, sport leagues, swim teams/lessons, kids night out, nutrition and physical education.

### HEALTHY LIVING

We aligned with local community needs to provide support for a healthier community through programs that address cancer survivors, food insecurity, CPR/First Aid, nutrition and physical education. We stay committed to building a healthy environment with our local partners.

### OPERATIONAL & FINANCIAL

Each year we establish a fund development plan encompassing annual, capital, and fundraising event goals to support the Y's programs, financial scholarships, and capital needs. In 2022, contribution and fundraising revenue represented almost 24% of the Y's total revenue.



# EVERYONE »» has a «« STORY

To tell the story of the YMCA of Greater Michiana, we must also tell the stories of our members and those impacted by the work we do. Over the next few pages, we invite you to read Y stories we collected from members in 2022.

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## Body by Y

Judy Bradford's first memory of the YMCA is dropping her brother off at the Hamilton, Ohio, YMCA for swim lessons circa 1960. "Back then, nude swimming for boys in all-male classes was accepted, and sometimes mandated, because, for one reason, suits were made of natural fibers which could gum up a filtration system," she said.

Fast-forward to 1984, and Judy is taking her 5-month-old son to "Learn to Swim" classes at the YMCA in South Bend.

"He loved the water and, as they say, took to it like a fish. The same with my daughter who was born in 1986. They both wore swimsuits," she said.

The Y became the place where they learned how to play basketball and dance.

"The lessons they learned about being part of a team, or how to behave in a class, are priceless and would be carried into their formal schooling and beyond. The programs were affordable for a young family, and the times for practices and classes were doable for two parents with full-time jobs," she said.

And now, enjoying retirement, she has once again become a "Y Rat," going to classes throughout the week like Body Pump, Body Balance (Yoga), Zumba and Dance Fit.


"I know my instructors and interact with them on a personal level. I work out with people I know, and stay updated on what's happening in their lives. This rat loves to socialize," she said.

One of Judy's mottos is "Body by Y" – recognizing that real people have imperfect bodies and can still value strength and endurance no matter what they look like.


One of the other things she loves about YMCA O'Brien Center is that it's also a polling location.

"I love the idea of voting before or after a class. No extra trip. Just slip it in between some crunches and some stretches. Get it done, make it happen. And all with our clothes on," she said.




 I started swimming lessons with Lee Ann and she is tremendous. Everyone at the front desk is very friendly and helpful. My experience with the Y has been amazing. Thank you to everyone! – **Pam Kibler, Benton Harbor–St. Joseph YMCA**




 I can take a variety of classes, meet a lot of interesting people, and when it's cold/too hot I'm indoors and comfortable. I'll take the "Y" any day!  
– **Pam Montgomery, Niles–Buchanan YMCA**




Although my camper had been asking for me to sign her up for sleep-away camp for two years, she had a sudden change of heart about two weeks before camp started and was very apprehensive about going. We talked about going, some strategies for making new friends, and an emergency exit plan. At drop off, I could tell she was nervous, but got her settled and made a quick exit. Upon pick up, I learned that not only did she LOVE camp, she wants to return next year and she would like to be a counselor. Great job, Camp Eberhart!!  
– **Parent of Camper, YMCA Camp Eberhart**

 You never know when you're going to need care. You or someone you love might need care and it's nice to know that there is always someone at the Y that is reliable to cover for you when you need care. – **Member, YMCA O'Brien Center**



 I moved to Niles two years ago and knew no one. Since going to the Y group fitness classes, I've gained a group of friends that are almost family. When my grandparent passed away this year, they all signed a card and pitched in for a gift. It was a small gesture that meant so much to me and my family. – **Christie Cataldo, Niles–Buchanan YMCA**



 After being away from the YMCA for 2 1/2 years due to COVID, I feel grateful to be back teaching again. What I am most thankful for is the sense of community and belonging to a group of people who support each other by lifting one another up with inspiration. Being a spin instructor as well as a student taking other classes such as yoga has brought so much happiness to me again. I always feel better when I leave. Thank you to everyone who brings their smiles and kind words to the YMCA! – **April Young, Benton Harbor–St. Joseph YMCA**



I enjoy the size and offerings of the fitness center. The quality and cleanliness is appreciated as is the opportunity to meet friendly, like-minded people in the course of workout times.  
– **Jeff Neumann, Niles–Buchanan YMCA**



I attend the yoga classes on Tuesday and Thursday (almost every week) and they have been a great benefit to me, especially helping with my stability, flexibility, and balance! I love Kathy Zerler, our yoga instructor. She is the best and makes classes not only do-able, but fun! The people I have met in the classes have also been an added benefit and a few of us will often go out for coffee together following our class session.  
– **Christine VanDenburgh, Benton Harbor–St. Joseph YMCA**



# Fun, Fellowship & Exercise



## Beginner Pickleball players find comfortable place to play at YMCA O'Brien Center

**P**laying a new sport around folks who have been playing for years can be intimidating. "My husband, Mark, and I took a beginners Pickleball class one time, but there was no place to practice without playing with people who were so much better than you. They couldn't come down to our level to play and make us better," Deb Horvath said.

So Deb and Mark, and three other retired couples, all new to the sport, started playing at YMCA O'Brien Center on Monday and Friday mornings in November 2022.

"We started getting together to play, and we're getting better! Lately, more and more people have been coming to play with us because they're beginners too. We got up to 14 one day," Horvath said.

Leila and Larry Cook are one of those couples who enjoy coming to play each week.

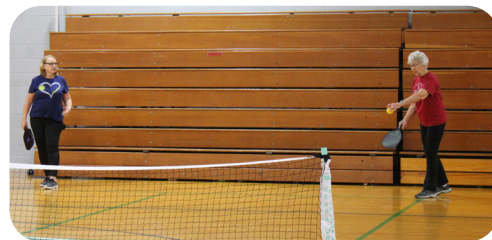
"This is something fun Larry and I can do together," Leila said. "Nobody cares who wins. We forget about the scores as soon as we start another game."

Mark said they all enjoy coming together for exercise, camaraderie, friendship and fun.

The group said they always feel great after they get done playing for two hours, even if they're sore the next day.

"Thanks YMCA O'Brien Center for providing a warm, safe, private place to enjoy this new passion," Leila said.

Check out open pickleball times at all three branches at [ymcagm.org/schedules](https://ymcagm.org/schedules). All skill levels welcome!

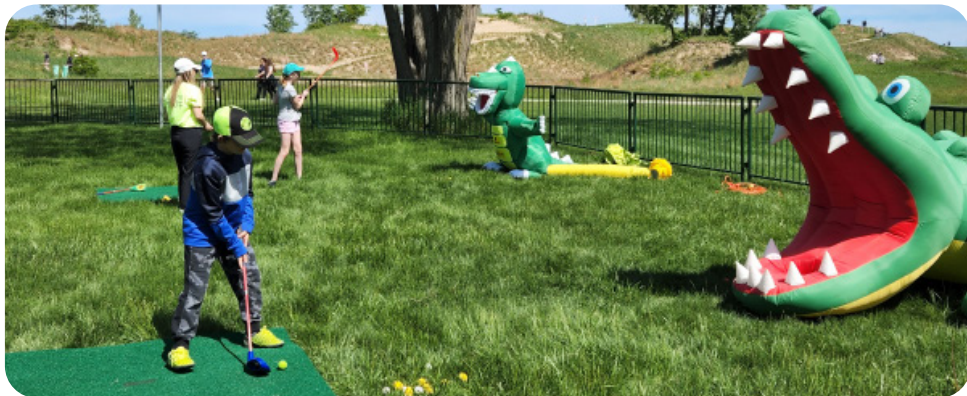


Leila Cook



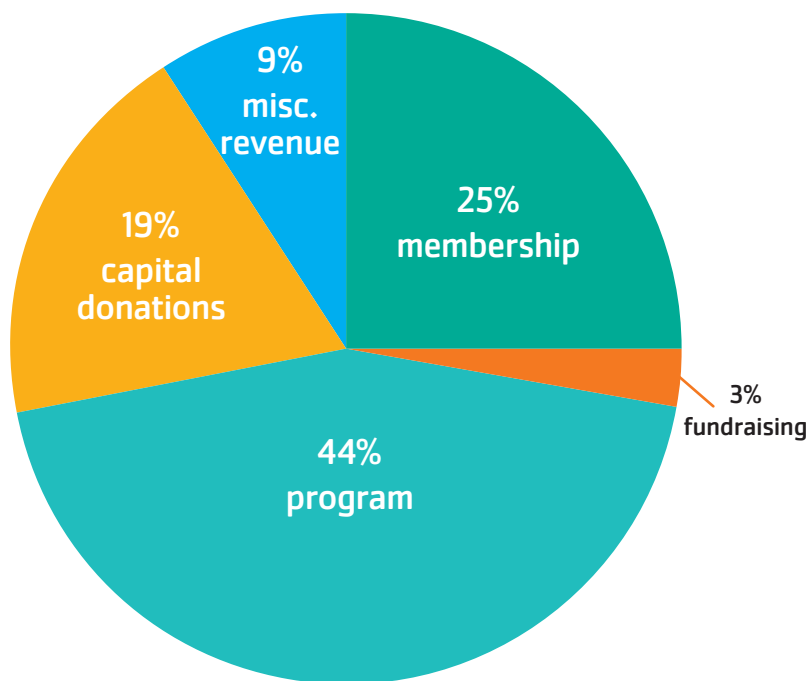


# OUT IN THE COMMUNITY



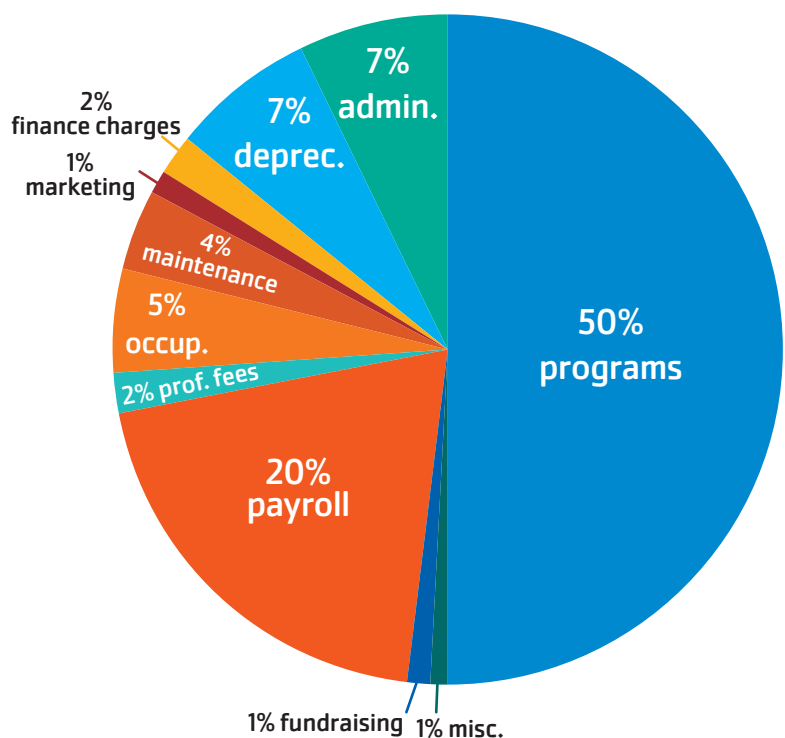


# FINANCIAL OVERVIEW



## OPERATING REVENUE

Membership	\$2,809,086
Program	\$4,992,691
Fundraising	\$350,495
Capital Donations	\$2,165,773
Misc. Revenue	\$988,627
<b>Total Revenue</b>	<b>\$11,306,672</b>



## OPERATING EXPENSES

Administration	\$724,469
Depreciation	\$674,591
Finance Charges	\$255,870
Fundraising	\$92,500
Maintenance	\$388,332
Marketing	\$143,609
Misc. Expenses	\$14,966
Payroll	\$2,063,637
Professional Fees	\$173,185
Programs	\$5,098,556
Occupancy	\$466,272
<b>Total Expenses</b>	<b>\$10,095,986</b>

*\*Unaudited financials\**



# Established Endowment Funds

## Benton Harbor-St. Joseph YMCA

- Benton Harbor-St. Joseph YMCA Endowment Fund #293 (annual operations/programs/capital)
- Benton Harbor-St. Joseph YMCA Endowment Fund #294 (annual operations/programs/capital)
- Mike Ahern Camp Scholarship Endowment Fund (scholarships)

## Niles-Buchanan YMCA

- Lucille B. Coles Scholarship Endowment for the Niles-Buchanan YMCA (scholarships)
- Mahlon J. and Thelma C. Smith YMCA Capital Endowment (capital improvements)
- Midge & Tim Tyler Memorial Agency Fund (annual operations/programs/capital)
- Midge & Tim Tyler Memorial Fund 3rd Party (annual operations/programs/capital)
- Niles-Buchanan YMCA 3rd Party Endowment Fund (annual operations/programs/capital)
- Niles-Buchanan YMCA Agency Endowment Fund (annual operations/programs/capital)

## YMCA Camp Eberhart

- E.M. Morris Trust (Morris Lodge)
- Barbara Emmons YMCA Camp Eberhart Campership Fund (scholarships)
- Mary Morris Leighton Leadership Lodge at YMCA Camp Eberhart Fund (Leighton Lodge)
- Peter Kreig Memorial Fund for Camp Eberhart (waterfront)
- YMCA Camp Eberhart Facilities Fund (maintain, construct or renovate capital assets)
- YMCA Camp Eberhart Fund (annual operations/programs)

## YMCA O'Brien Center

- YMCA Charles Martin Fund (outreach programs for low-income youth)
- YMCA Fund (annual operations/programs)
- YMCA of Michiana, Inc. - South Bend Tribune Fund (support South Bend Tribune employees)

We invite you to consider including a YMCA Endowment Fund in your estate plan through a bequest, life insurance, trust, or outright gift. A gift to an Endowment Fund is an investment in the guiding beliefs of the YMCA and will be used to enable the YMCA to continue to serve children, families and individuals of all ages for years to come.

For more information, please contact Jill Haboush, chief development officer,  
at 269-683-1552 or [jhaboush@ymcagm.org](mailto:jhaboush@ymcagm.org).

# THANK YOU, 2022 ANNUAL DONORS

*\*All capital donors are recognized with capital projects\**

## \$25,000+

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Southwest Michigan  
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Niles Community Schools  
Office of Early Childhood &  
Out of School Learning  
State Alliance of Michigan  
YMCAs  
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## \$5,000–24,999

1st Source Bank  
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Waldrop, Sheila  
Walmart Supercenter -  
Niles  
Walton-Foster, Denicka  
Wamsley, Elizabeth  
Ward, James & Laurel  
Warlick, Jennifer  
Waxman, Dan  
Weber, Mark  
Webster, Todd  
Welch, Scott  
Wells, Jeffrey  
Welter, Jack  
Weninger, Scott  
Wernz, William & Ann  
Westmaas, Rose

White-Goyzueta, Karen  
Wilcox, Heather  
Wittenbach, James & Joann  
Wonacott, Leona  
Wurster, Robert & Carol  
Xpress Printing  
Yordy, Hilary  
Zeltwanger, Ronald  
Ziegert, Ann

**\$50-99**

Adamo, Christine  
Alfrey, Harry  
Anderson, Bonnie  
Anderson, Remona  
Anton, Pamela  
Applegate, Daniel  
August, Kathy  
Austin, Janice  
Aylward, Juliet  
Bahena, Gabriela  
Bailey, Erica  
Baker, John  
Banks, James  
Barker, Avis  
Bellissimo, Erin  
Bennett, Courtney  
Bill, Lissa  
Borders, Patrick  
Borneman, Charles  
Bowen, Dennis  
Broadstreet, Michael  
Broccolo, Nikki  
Brown, Shannon  
Brucker, Gregory  
Brummett, Kate  
Buchanon, Carl  
Bueno, Susannah  
Byers, Charlie  
Carter, Paige  
Cassady, Bruce  
Chinski, Carol  
Christophersen, Heather  
Coleman, Lynn  
Coleman, Myrtie  
Copher, Emily  
Corbitt, Dennis  
Costas, Linda  
Costigan, Megan  
Cressy, Kate  
Cripe, Gregory

Daily, Kelly  
Davidson, Matthew  
Davis, Kasandra  
Decio, Benjamin  
Delgado, Humberto  
Delott, Darryl  
Donnell, Heather  
Drew, George  
Dunn, Christine  
Ebeling, Haley  
Elcona Country Club  
Eysol, Jill  
Fanning, Heather  
Feddersen, Jessica  
Felton, Samuel  
Fisher, Carrie  
Fissinger, John & Judy  
Fitterling, David  
Florkowski, Gregory  
Forbes, Lisa  
Francis, Ronald & Marsha  
Freel, Dan  
Frey, Charles  
Furnesd, Jeff  
Gallagher, Mary  
Gannarelli, James  
Garatoni, Larry  
Garcia, Luis  
Gilman, Bridget  
Goode, Colleen  
Graham, Willie  
Gryp, Thomas  
Grzeskiewicz, Ron  
Guarino, Matthew & Amy  
Gustafson, Beth  
Gutierrez Regueira,  
Sebastian  
Gutowska, Violetta  
Hall, Janice  
Hand, Lisa  
Hannah, Katie  
Happ, Reece  
Haradine, Greg  
Harrison, Deborah  
Harveston, Valda  
Hawkins, Sharon  
Healy Jonas, Mary  
Herbert, Marcy  
Horner, Cassandra  
Howard, Tammy  
Howes, William  
Hubert, Lynn

Huerta, Susanna  
Hutamy, Satriany  
Hyndman, Julie  
Imel, Bobbi  
Jeansonne, Lanell  
Jenkins, Janet  
Johnson, Jeremy  
Jones, Erika  
Joyce, Michelle  
Kaminskis, Talis  
Kappa, Kappa, Kappa,  
Inc., Alpha Rho of Elkhart  
Chapter  
Katz Slotnick, Marcia  
Kelly, Robert  
Kennedy, Devon  
Kerr, Jeffrey  
Khalifeh, Angela  
Kidder, Micki  
Kiesewetter, Grace  
Kindt, Richard  
Kirk, Charles  
Kissane, Loreto  
Klark, Barbara  
Klauer, Daniel  
Knox, Djuan  
Kruger, Moshe  
Kubicki, Brian  
Kunk, Christine  
Lambert, Donna  
Langefeld, Donald  
Lankford, Suezane  
Lawless, Clodagh  
Ley, Henning  
Linn, Lynn  
Lofgren, Renee  
Lombardo, Lynn  
Long, Daniel  
Lovett, Scott & Christine  
Lux, Cassandra  
Mahar, David & Beth  
Mahlo, Kristy  
Majewski, David  
Manning, Debbie  
Mannion, Melissa  
Martell, Charles  
Massing, Neil  
Mays, Aaron  
McCaslin, Janet  
McDonald, Caprice  
McFadden, Molly  
McGann, Melissa

McManus, John & Sharon  
Meridy, Alvin  
Miller, Jonathan  
Miller, Randall  
Misener, Dave  
Monahan, Patrick & Kelly  
Montgomery, Elizabeth  
Morris, Michael  
Morsbach, Doug & Renee  
Mullett, Erin  
Mulroy, Debbie  
Murphy, Mary  
Neely, Christopher  
Nemes, Kenneth & Carolyn  
New, Megan  
Nieboer, Elizabeth  
Nimtz jr, Richard  
Norkus, Dennis  
O'Connor, Sean  
O'Dell, Michael  
Oliver, John  
Osberger, Megan  
Overly, Anne  
Papa, Cheryl  
Patel, Hodge  
Patrick, Doug

Pescheret, Kathleen  
Peterson, Richard &  
Suzanne  
Pettersen, Nathan &  
Jennifer  
Pitts, Jennifer  
Pogue, Kathryn  
Pollitt, Mary Sue  
Porter, Lynn  
Preston, William  
Rasmussen, William & Linda  
Ream Sr, Andrew  
Retrum, Clare  
Rich, Kelley  
Rigel, Beryl & Frances  
Ring, Beth  
Roach, Megan  
Rodriguez, Elizabeth  
Rodriguez, Jose  
Rosser, Joseph  
Ruoho, Elise  
Ruppel, Emma  
Ryan, Colleen  
Sailer, Marlisa  
Sanchez, Olivia  
Sands, Susan

Sater, Dustin  
Savoy, Benjamin  
Schafer, Tracey  
Scott, Jennifer  
Sechrist, George  
Shaw, William  
Sieradzki, Audra  
Simonds, Nicole  
Smith, Lisa  
Spires, Carol  
Stenke, Patricia  
Stephenson, Eliza  
Strasser, Matheu  
Strohm, Paul  
Stuckey, Brooke  
Stults, Jerry  
Sunshine, Karen  
Swartz, Richard & Linda  
Swift, Beth  
Tarver, Sarah  
Taylor, James  
Tepe, Sarah  
Thakkar, Ela  
The Missing Sock  
THK Law, LLP  
Topps, Dionna

Valenti, Elizabeth  
Vander Heyden, Raymond  
Velez, Tara  
Vogt, Arlene  
Voigts, Lindsey  
Ward, Rebecca  
Ward, William & Constance  
Warnick, Kim  
Waxman, Bonnie  
Wehling, Lynette  
Weninger, Marilyn  
Werda, David  
Westfall, Larry  
Whetstone, Howard  
Whipple, Elizabeth  
Willis, Kyle  
Wilson, Adrienne  
Wingrove, Judith  
Wise, Maycie  
Wojnarowski, Adrian  
Wolf, Carolyn  
Yan, Steve  
Yeoman, Todd  
Zoller, Nancy  
Zook, Becci  
Zook, Brooke

# FRIENDSHIPS FOR A LIFETIME

At YMCA Camp Eberhart in 2022, we completed the new Heron's Nest Bathhouse and Obenchain Apartments. We hosted over 2,500 overnight and day campers, and 55 school and youth groups. Thanks to support like yours, we were able to give out over \$78,000 in scholarships for schools and campers, and put on successful programs like Outdoor Education, Sailing and Astronomy.





# 2022 BY THE NUMBERS

**4** FACILITIES **20,210** members served

**1** CAMP **2,501** day & overnight campers served

**642** dedicated staff members

**973**  volunteers

**5,418** volunteer hours

**150** fitness classes/week

**1,520** personal training sessions



**1,553** youth in sports

**72** youth in dance

**165** adults in sports

**42** adults in dance



**3,862** SWIM LESSONS at the Y and in collaboration with 32 community partners

**165** swim team members



**\$27,933**

in scholarships for members

**\$79,217**

in scholarships for campers



**\$78,824**

raised by **GREATEST CHEFS** to support community programs



**3,580** FOLLOWERS



**19,041** LIKES



**469** FOLLOWERS

**2,658** participants raised **\$122,001**



during Thanksgiving Day Run and Race for YMCA to support Annual Campaign

**United Way**



**FUNDED PROGRAMS**

Summer My Way®  
Healthy U  
Child care  
Outdoor education  
Summer day camp

**105** CPR/AED/1ST AID CERTIFICATIONS

**105** LIFEGUARD CERTIFICATIONS

**588** children/week summer day camps

**455** children/year before & afterschool

**410** children/week Childwatch care

**2,186** Healthy U students

**155** homeschool students

**104** children/week in day care



**348** preschoolers

**L I V E S T R O N G ®**  
**A T T H E Y M C A**

**37** cancer survivors received help in recovering from treatment thanks to

**\$47,583** raised by Golf Classic and Hope Grows

**HEALTHY CORNER STORE INITIATIVE**

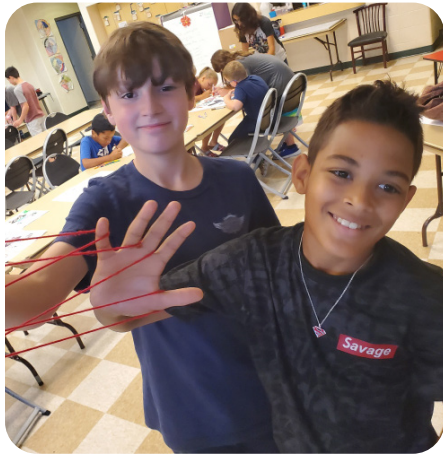


**4**

convenience stores providing healthy, affordable food to underserved urban areas

# ANNUAL GIVING

The YMCA is a non-profit charitable organization whose mission is to meet the needs of the community. The YMCA serves thousands of people of all ages through programs, community collaborations, partnerships, and childcare. Programs like aqua aerobics, swim lessons for drown prevention, preschool, all-day childcare, after school care, day & resident camps, wellness & fitness, disease prevention, pickleball, sports, stress management, corporate wellness, dance, and more, serve the needs of youth, teens, families, and seniors. We don't just strengthen individuals; we strengthen and build community. Find out how you can support the YMCA and the mission of building community by scanning the QR code or visiting [ymcagm.org/giving](https://ymcagm.org/giving).



## YMCA of Greater Michiana

**Benton Harbor-  
St. Joseph YMCA**  
3665 Hollywood Road  
St. Joseph, MI 49085  
269-428-9622

**Niles-Buchanan YMCA**  
905 N. Front Street  
Niles, MI 49120  
269-683-1552

**YMCA O'Brien Center**  
321 E. Walter Street  
South Bend, IN 46614  
574-299-3482

**YMCA Camp Eberhart**  
10481 Camp Eberhart Road  
Three Rivers, MI 49093  
269-244-5125

**Northside Child  
Development Center**  
2020 N. 5th Street  
Niles, MI 49120  
269-683-1982