

GROUP SWIM LESSONS

Fall 2020
Niles-Buchanan YMCA

Fall I Session: September 6–October 24
No class on **Mon. September 6** due to labor day.
Class price will be prorated.

30-Minute: Member: \$73.50 • Non-Member: \$147

45-Minute: Member: \$84 • Non-Member: \$168

INFANT/TODDLER 6 Months–3 Years	Length	MON	TUE	WED	THUR	FRI	SAT
Water Discovery/ Water Exploration	30 min			5:30 PM			
PRESCHOOL 3–5 Years		MON	TUE	WED	THUR	FRI	SAT
Water Acclimation	30 min	5:30 PM		5:00 PM	11:30 AM		
Water Movement	30 min	6:00 PM		6:00 PM	11:30 AM		
SCHOOL AGE 6–12 Years		MON	TUE	WED	THUR	FRI	SAT
Water Acclimation/ Water Movement	45 min	6:30 PM	3:45 PM	6:30 PM			
Water Stamina/ Stroke Introduction	45 min	6:30 PM		6:30 PM			
Stroke Development/ Stroke Mechanics	45 min	6:30 PM					
ADULT 13+ Years		MON	TUE	WED	THUR	FRI	SAT
Adult Lessons	45 min	Please register for private or semi-private lessons. Days & times vary.					
SPECIALTY		MON	TUE	WED	THUR	FRI	SAT
Homeschool P.E.	60 min				1:00 PM		

Private & Semi Private Swim Lessons

A YMCA certified swim instructor could be just what you or your child needs to get comfortable in the water or achieve your swimming goals. Your lessons are designed to meet your specific needs. Punch cards are available for private and semi-private lessons for all ages. Please contact Sammee Schaller, aquatics director, at sschaller@ymcagm.org for more information and to register. *For ages 6 months+.*

5 Private Half-Hour Punches
Member: \$90
Non-Member: \$180

5 Semi-Private Half-Hour Punches
Member: \$70
Non-Member: \$140